THE PLAN
We are seeking people to share their experiences with violence - direct or indirect. You may share something that happened to you, your family, community, school, work and/or neighborhood. Give us a brief description of what happened, and a brief explanation of what you felt. Also, if relevant, include how this experience made you take action or how it connected you to IPPNW/PSR and its work for peace through health. Please do not use names of people other than your own.

ADD YOUR STORY
Please Include:

- Your name (first name only please)
- Profession
- Nationality
- Place and general timeframe of experience
- Brief description of the impact of the experience

Submission formats:

- **Video**: 30 sec – 3 min
- **Voice/audio recording**: 20 sec – 3 min and JPG photo of you.
- **Written**: 1-2 paragraphs and include JPG photo of you

IPPNW will review your story and contact you with any questions. We will require a consent form for distribution.

IPPNW's “Aiming for Prevention” will distribute the stories via a variety of means including the web, and possibly as a collection of stories on DVD or other format. We may also share them with the World Health Organization’s Violence Prevention Alliance members.

For further details, contact Maria Valenti mvalenti@ippnw.org.